



Bay Leaf Cottages & Bistro

2372 Atlantic Hwy. ~ Lincolnville Beach, ME 04849

207-505-0458



Mid-coast Hikes

Rating system: For your safety and hiking pleasure we have provided levels of hiking, distance, and notes.

Easy  Moderate  

Camden Hills State Park:


From Lincolnville (no fee) – Rt. 173 and Youngtown Rd. intersection



Bald Rock Mountain   Trail length is 3.4 total miles. On the hike to Bald Rock Mountain, the end more than justifies the means. Although the initial mile or so along the gravel road may become monotonous, the foot trail engages hikers with splendid views on the final 0.5-mile climb to the summit.





Directions: North from Bay Leaf Cottages on Rte. 1, at the blinking light turn left onto Rte. 173, in 2 miles turn left onto Youngstown Rd. where parking for trailhead will be on your left.

From Camden (fee is \$4.50/pp or pass from Bay Leaf Cottages) – Turn right (south) from Bay Leaf Cottages and take Rt. 1 approx. 3 miles to the entry to Camden Hills State Park.

*Mount Battie  Trail length is 1 mile, 600 ft. elevation gain. The summit of Mount Battie is the most popular destination for folks hiking around Camden and has long been a favorite with families. The steep climb leads in just 0.5 mile to the summit where, from ground level or atop the stone tower, you can see boats bobbing in the bay. Through the state park entrance is a road where you can walk or drive up a longer/ flatter route.

Mount Megunticook   Trail length is 3 miles, 1,100 ft. elevation gain. Mount Megunticook is the tallest of the Camden Hills. It also is regarded as the highest mainland mountain on the entire Atlantic Coast. One section of the trail, known as the Ocean Lookout gives guests one of the most impressive ocean vistas in the entire Northeast. The trail circles around so the trip down is different than the trip up, most of the trail is at a moderate slope, but the last push to the summit is quite steep, this hike usually averages around 3 hours.


Directions to Maiden's Cliff – from Bay Leaf Cottages you have two options. Take Rt. 1 south to Camden turning right onto Rt. 52 as you get to the Camden Public Library (it will be on your left). You will pass Camden Hills State Park on your right about 1 mile prior to the turn. Follow Rt. 52 past the southern portion of Lake Megunticook. On your right there will be a marked parking area for the Maiden's Cliff Trail.

*Maiden's Cliff   Trail length is 1.8 total miles, the trail leading to Maiden's Cliff is an easy hike with a spectacular view the entire way. The trail itself is moderately steep for the first half mile and then levels out for an easy walk over the second half. During your hike, there is a fork in the road so make sure to read the signs and choose the right path. Otherwise you may find yourself completing a more difficult hike than you set your sights on. Combine this hike with other trails in Camden Hills State Park to make a full day of hiking.


* *There is a secondary trail with no fee*

Other Area Trails/Walks/Strolls:

Lincolntonville



Tanglewood 4-H Camp  Trail length is 2.3 total miles. Tanglewood is one of the most relaxing loop trails in the area, the flat terrain also makes it a popular snowshoeing destination in the winter.

Directions: Turn left from Bay Leaf Cottages and head North on Rte. 1 for approx 1 mile. Turn left onto Ducktrap Rd. and follow to Tanglewood Rd. where you will turn right. Your destination will be on the left in 1.8 miles.



Fernald's Neck Preserve  Trail length is roughly 2 miles depending on path. Fernald's Neck Preserve is a protected preserve of beautiful land sprawling across much of the Fernald's Neck Peninsula, which shoots out into Megunticook Lake. There are many areas where hikers and walkers alike can take in the shores of one of Maine's best small lakes. Additionally, the preserve is so large it will feel like you have a giant stretch of nature to yourself.


Directions: From Bay Leaf Cottages turn right heading toward Camden. At the Camden Public Library turn right and take Route 52 north to Youngtown Rd. Corner (Youngtown Inn will be on your right). Just past Youngtown Road, turn left onto Fernald's Neck Road. To reach the preserve, follow the road (which changes to dirt), bearing left at the fork. Continue to the end of the road around a curve. Parking lot is at the end of the road.

Camden


Ragged Mountain   Trail length is 2.2 total miles, 870 ft. elevation gain. Despite the large elevation gain, the trail is not as steep as one might think and once you reach the summit you'll be greeted with expansive views of both Rockland and Rockport harbors as well as the offshore islands of Penobscot Bay.

Directions: From Bay Leaf Cottages take Rt. 1 south through Camden to Rockport. When you see Maine Sport, turn right and follow signs to The Snow Bowl. An Alternative is to take Mechanic St. from center Camden (French and Brawn are on the far corner – turn right onto Mechanic St. before F&B) and follow to Hosmer Pond Road which will turn into Barnestown Road, turn into the Camden Snow Bowl on your left.

Bald Mountain   Trail length 2 total miles, 700 ft. elevation gain. While hiking to the summit of Bald Mountain, everyone is sure to get a glimpse at the local preserve's wildlife. Once at the peak, hikers get arguably the best view of Penobscot Bay and the surrounding Camden Hills.

Camden  Downtown shopping, galleries, museums, and restaurants makes for a nice day of strolling/walking. Don't miss the Public Landing and harbor area from the Wayfarer Marina past the Camden Library to the Public Landing (parking lot) – a nice waterfront to explore!


Hope


Hatchett Mountain  Trail length 2 total miles. The trails at Hatchet Mountain Preserve are shorter than many others in the area, as the entire preserve is only 27 acres. However, it is quite steep as it can take you all of the way to the summit of Hatchet Mountain. Once at the summit, you will be standing almost 1,100 feet above sea level and have lovely views of the coastal mountains.


Directions: From Bay Leaf Cottages take Rt. 1 south to Rt. 52 and turn right heading west. At Cross Street turn left. Cross will deadend onto Washington Ave. where you will turn right. Follow Washington Street/Route 105 out of Camden to Hope Center (See Hope General Store). Turn left onto Hatchet Mountain Road at the main intersection at the Hope General Store

and drive just over ½-mile. The small 2-3 car parking lot for the Preserve is located on the right-hand side of the road.


Rockport


Beach Hill  Trail length 2 total miles. The nearly 300-acre Beech Hill Preserve is a bastion of rural Maine set amid a rapidly changing landscape with spectacular views of Penobscot Bay. Since part of the preserve is dedicated to maintaining an organic blueberry operation (a process amenable to nesting birds), please do not stray off the trails.


Beauchamp Point and Rockport Village  Lovely walks from the harbor park, Children’s Chapel, Walker Park, Aldermere Farms (see their Belted Gallway cows), and Beauchamp Point.


Spruce Mountain  In less than twenty minutes you’ll find yourself atop a granite bald mountain with unobstructed views of Ragged Mountain and Penobscot Bay.

Rockland/Owlshead


The Rockland Breakwater  Path length 2 total miles. The granite breakwater juts out nearly a mile across the harbor to the Rockland Light at the end of the pier.

Rockland  Downtown shopping, galleries, museums, and restaurants makes for a nice day of strolling/walking.


Owlshead Lighthouse  From the parking lot, about a ten minute walk to the Owlshead Light is well worth your time as it is home to some amazing views of the bay (a tall flight of stairs lead to the base of the lighthouse).


Birch Point State Park  (\$3 fee) This short walk takes you to a quiet and picturesque oceanfront beach.

Northport/Bayside


Bayside Village  A walk around the charming village of Bayside located off Rt. 1 in Northport is a step back in time to the Victorian era of beach resorts. Each house has a historic plaque explaining

Belfast

Belfast  The vibrant downtown of Belfast is a lovely place to stroll and explore the many shops, restaurants, and local art galleries. Belfast has a nice array of Victorian-era houses and inns – so, explore the side streets too! A harbor-side walkway is great for walks and biking. Don’t miss the Belfast Harbor Tug Boats!

Belfast Ecovillage  Built on a dairy farm, the eco-village is a planned community with Danish-styled solar homes, community center, and community gardens. Take Rt. 1 north 12 miles and turn left onto Rt. 52 passing the YMCA about 1 mile – turn Right following the signs.

Islesboro Island

Islesboro/Dark Harbor  From the ferry terminal it is only a half-mile walk to the Islesboro Community Center. The seven-mile island has many opportunities for coastal walking/biking, shops/galleries dot the island. Maps are provided at the ferry terminal for exact locations!

Mid-coast Bike Routes

Lincolntonville

From Bay Leaf Cottages turn left (heading northward) on Rt. 1 just .5 miles to Lincolntonville Beach passing/stopping at Dots Market/Bakery and Green Mountain Coffee Roasters on the way. At the beach stop to comb the beach for sea glass or shop at Maine Artisans, Beyond the Sea, or Lincolntonville Fine Arts. Enjoy lunch/dinner at one of 6 dining options. Continue northward to Cronin and Murphy Gallery and the Windsor Chairmakers showroom (where you can also view craftsmen making furniture in the barn). Circle back to the flashing light and head westward on Rt. 173. At the intersection of Rt. 173 and Youngtown Rd. you can park the bikes and hike the Bald Rock Trail or continue on Youngtown Rd. to the Cellardoor Winery for a free winetasting (from 11 am thru 6 pm daily) or tour (at 2 pm). If that isn't your interest, continue on Rt. 173 toward Lincolntonville stopping at Dolce Vita Farm, M&L Seafood, and the Lincolntonville Library. Center Lincolntonville is home to a Saturday morning Farmer's Market and monthly Flea Market. Arts and Crafts are also available (Saturday mornings for children at the Lincolntonville Library or at the new Art's Center). Grab a drink at Drake's Corner Store before heading back to Lincolntonville Beach. Total 12 miles.

Camden-Rockport Loop

Start from Rockport Harbor (or Maine Sport) or Camden (Chestnut Street at the Camden National Bank). This route travels through Rockport village and along the east side of the harbor on a dirt road. Explore paths to the water's edge, the gardens at Children's Chapel, and be sure to see the Belted Galloway cows before continuing towards Camden for views of the Curtis Island Lighthouse and beautiful Camden Harbor. Total 6 miles.

Appleton Ridge

Starting in the center of Searsmont follow the Appleton Ridge Road for five miles or more and take in the country air and breathtaking views around you. Or, from Searsmont continue to Liberty to stop at Liberty Tools.

Camden - The Two Lake Tour

From Maine Sports toward Ragged Mountain then northward to pass two pristine Maine lakes (great swimming at the beach – south end of Lake Megunticook). The stunning Maiden's Cliff tower over Lake Megunticook and offers a hiking diversion. Continue back to Camden on Rt. 52 to visit the harbor park or grab a snack. Estimated 15 miles.

Islesboro Island

From Lincolntonville Beach take the Islesboro Ferry (morning best times are 8 am, 9 am, 10 am) to Islesboro (15 min. ride). Once there, the picturesque seven mile island, just three miles off the coast of Lincolntonville Beach, is the perfect place for a full day of exploring. Northward is more pastoral with clamming coves and farms while the southward loop is filled with amazing mansions. A Community Center offers rest rooms and a café for lunch. Two island markets and the Dark Harbor Shop offer a range of snacks. Throughout the island – small shops and galleries can be found but mostly the island is residential. Don't miss the afternoon Ferry back to Lincolntonville Beach (12:30 pm, 1:30 pm, 2:30 pm, 3:30 pm, and the last chance 4:30 pm).

Camden Hills State Park

The eleven mile roundtrip multiuse trail starts off of Youngstown Rd in Lincolntonville and runs through the state park on an old utility road, if going the whole way expect a few hills.

** See the office for maps and more information*